SUFFOLK COUNTY COMMUNITY COLLEGE
DEPARTMENT OF PHYSICAL EDUCATION
FALL 2009
COURSE OUTLINE

PED112 GOLF                  Prof. Phillip Chirch, Ph. D
CRN: 93137
Tuesdays/Thursdays – 12:30 pm – 1:45 pm Email: chirchp@sunysuffolk.edu

COURSE OBJECTIVES:

On successful completion of the course, the student will be able to demonstrate:

- A basic understanding of the rules of golf and golf etiquette
- The necessary stretching and warm-up techniques
- The fundamental skills necessary to play and enjoy the game
- An appreciation of golf as a life long physical activity

COURSE REQUIREMENTS:

- Students are expected to attend all classes and to come prepared to participate, i.e., appropriate attire and sneakers
- Students must successfully complete practical and written exams

ATTENDANCE POLICY:

- Students who miss more than 2 classes will be considered to have excessive absences. Excessive absence will have an adverse impact on the student’s final grade and could result in being removed from the class roster.

APPROPRIATE ATTIRE:

- Shorts or warm-up suits are recommended
- Sneakers
- Jewelry should be removed prior to participation
- Street clothes and street shoes will not be allowed
LOCKER ROOM: (Not applicable to Eastern Campus)

Lockers are available. Only official college locks, which are available at the college bookstore, should be used. Locks should not be left on long lockers; if so, they will be removed. Never leave your locker unlocked!

GRADING POLICY:

- 20% of the grade will be determined by student attendance, a positive attitude and contributions to the class, and a demonstration of commitment to safety and cooperation
- 60% of the grade will be determined by demonstration of a minimum level of proficiency of the fundamental skills of golf
- 20% of the grade will be determined by student performance on written assignments, i.e., tests and quizzes

OTHER INFORMATION:

- Golf equipment is supplied; you may use your own equipment if you choose
- Some classes will likely meet at the driving range – cost will be discussed
- Any student injuries should be reported to the instructor immediately

TENTATIVE SCHEDULE OF WEEKLY INSTRUCTIONAL ACTIVITIES:

Week One – Orientation and introduction to the game of golf and instruction on necessary equipment

Week Two - The rules of golf
Scoring and terminology
Fundamentals of Golf Swing

Weeks 3&4 - Gripping the golf club
The set-up and ball position
Review and practice swing

Weeks 5&6 - Review grip and introduce the chip shot
Practice chip shots for distance control
Introduce pitch shots

Weeks 7&8 - Practice chip shots and pitch shots.
Practical exam on grip, set-up/ball position, and the chip shot
Introduce full swing.

Weeks 9&10 Review fundamentals of full swing and practice all shots.
Introduce the pitch shot
Practice with pitching wedge and 7 iron at driving range

Week Seven - Introduce the sand wedge, the putting stroke and reading greens
Introduce fairway woods and select one for use at the driving range
Practical exam on pitch shot and full swing with 7 iron

Week Eight - Practice driving the golf ball off the tee
Play 9 holes at pitch and putt course

Week Nine – Golf etiquette (video)
Begin final practical exams (comprehensive demonstration of fundamental skills)

Week Ten - Complete final practical exams